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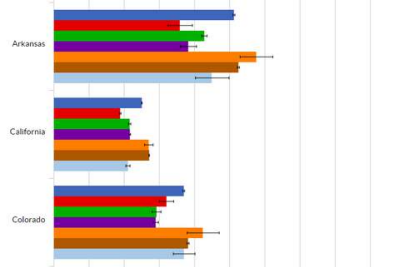
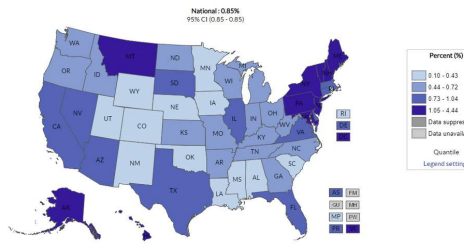
Central
California
Optometric
Society

VISIONOTES & QUOTES

the latest news for the Central Valley's optometric professionals

FEATURED STORIES

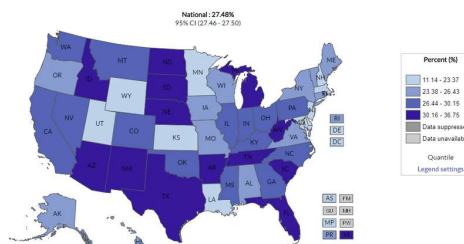
*President's Message
CDC Vision and Eye Health Surveillance System
Upcoming Meetings*



V & E HSS THE VISION AND EYE HEALTH SURVEILLANCE SYSTEM
A national data system for vision and eye health

Data Highlights

- AMERICAN COMMUNITY SURVEY: Prevalence of self-reported blindness and difficulty seeing
- MEDICARE CLAIMS: Racial disparities in eye examination rates
- IBSR REGISTRY: Prevalence of diagnosed glaucoma



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COMMUNICATIONS MESSAGE

Happy August everyone.

I hope everyone has had a wonderful summer. Although we have not had any CCOS meetings during the month of August, the CCOS board is still hard at work preparing for the upcoming months. We are definitely working to deliver the CE hours that our members asked for. I am proud to say we have two more hours for September and up to four hours in October (including two glaucoma hours).



The AOA recently announced the CDC's launch of the Vision and Eye Health Surveillance System. For a research nerd such as myself, this site makes my heart do flips. However, this is an amazing tool for the general eye care practitioner as well.

It allows searches for incidences of vision loss or blindness, ocular disorders and diseases in the state and country. You can search Medicare claims and see the disparity in eye care of different groups including age and race. This would be a great tool for educating yourself as well as your potential patients. I urge you to give it a try for yourself.

Your friendly neighborhood
communications chair,
Kim Vuong

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PRESIDENT'S MESSAGE

Michael Mendoza, OD

Hello CCOS,

I hope you all had a wonderful and relaxing summer! It's back to school time, so I am already anticipating a spike in the number of EKC cases I see come through my door (I made sure to stock up on betadine and hypochlorus acid). Also around the corner is Halloween, so don't forget to start educating your patients now on the importance of getting properly fitted for their cosmetic contact lenses well ahead of time to avoid potential sight threatening infections from illegally sold "over the counter" options.

On Wednesday, July 18th, we held our CCOS recruitment and social event at Dave and Busters. In planning this event, there was some concern of a low turnout due to its timing, during the peak of vacationing. We expected 15 to 20 members and prospective members to make it out, but we were pleasantly surprised to have over 30 in attendance. I want to thank our Social Committee chair Andrew Ta for helping make this such a successful event. Our social committee will be working on following up with the prospective new members in the coming weeks. This event was made possible by our Gold Level sponsor, Vistakon, so please make sure to personally thank Lindsey Amaro for her generous gesture and continued support.

On Wednesday, September 18th, we will be having our next CCOS meeting at Picadilly Inn. It will be a 2 hour CE event, with the first hour comprising of the VA residents and the second hour being presented by Dr. Craig Thomas on the early diagnosis and treatment on diabetic retinopathy. Please arrive on time if you plan on attending as there will be a town hall meeting in the first half hour with special guest Julie Andrade from the COA giving us an update on SB1386, the branch office law.

Also, please save the date for our bulk CE event on Saturday, October 20th at the Radin Center in Clovis. This event is being hosted by Eye-Q and their new glaucoma specialist, Dr. Thomas Shute, will be providing 2 hours of glaucoma CE. There will also be a third (and possibly fourth) hour of CE given by one of the retinal specialist. This event will be our final meeting for the year and will put us at 14 CE hours provided locally for our CCOS members. This is a FREE event, so I hope you all take advantage and attend. There will also be a raffle for a handsome prize for those of you who take advantage and meet with our generous sponsors.

That is all for now, I will see you all in September!

Michael Mendoza, OD
President of the CCOS

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CDC UPDATE

VISION AND EYE HEALTH SURVEILLANCE SYSTEM

The Centers for Disease Control and Prevention (CDC) has collaborated the National Opinion Research Center for the launch of the Vision and Eye Health Surveillance Survey (VEHSS). This will be the nation's first data surveillance resource for eye care professionals.

The site can be searched for the incidence rate of eye condition and diseases at the state and national level to better understand the scope of eye disorders, vision impairment, and eye care services in the United States.

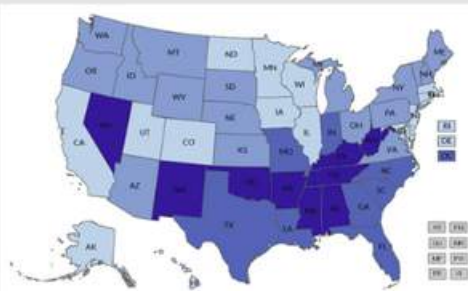
<https://www.cdc.gov/visionhealth/vehss/index.html>



THE VISION AND EYE HEALTH SURVEILLANCE SYSTEM

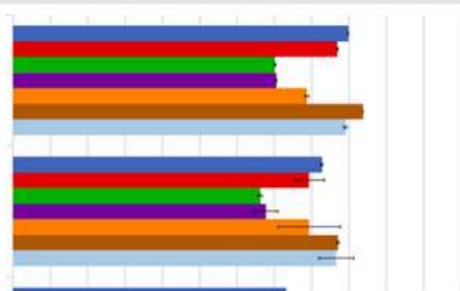
A national data system for vision and eye health

Data Highlights



AMERICAN COMMUNITY SURVEY

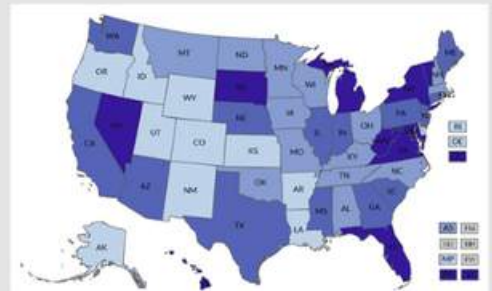
Prevalence of self-reported blindness and difficulty seeing



MEDICARE CLAIMS

Racial disparities in eye examination rates

More >



IRIS® REGISTRY

Prevalence of diagnosed glaucoma

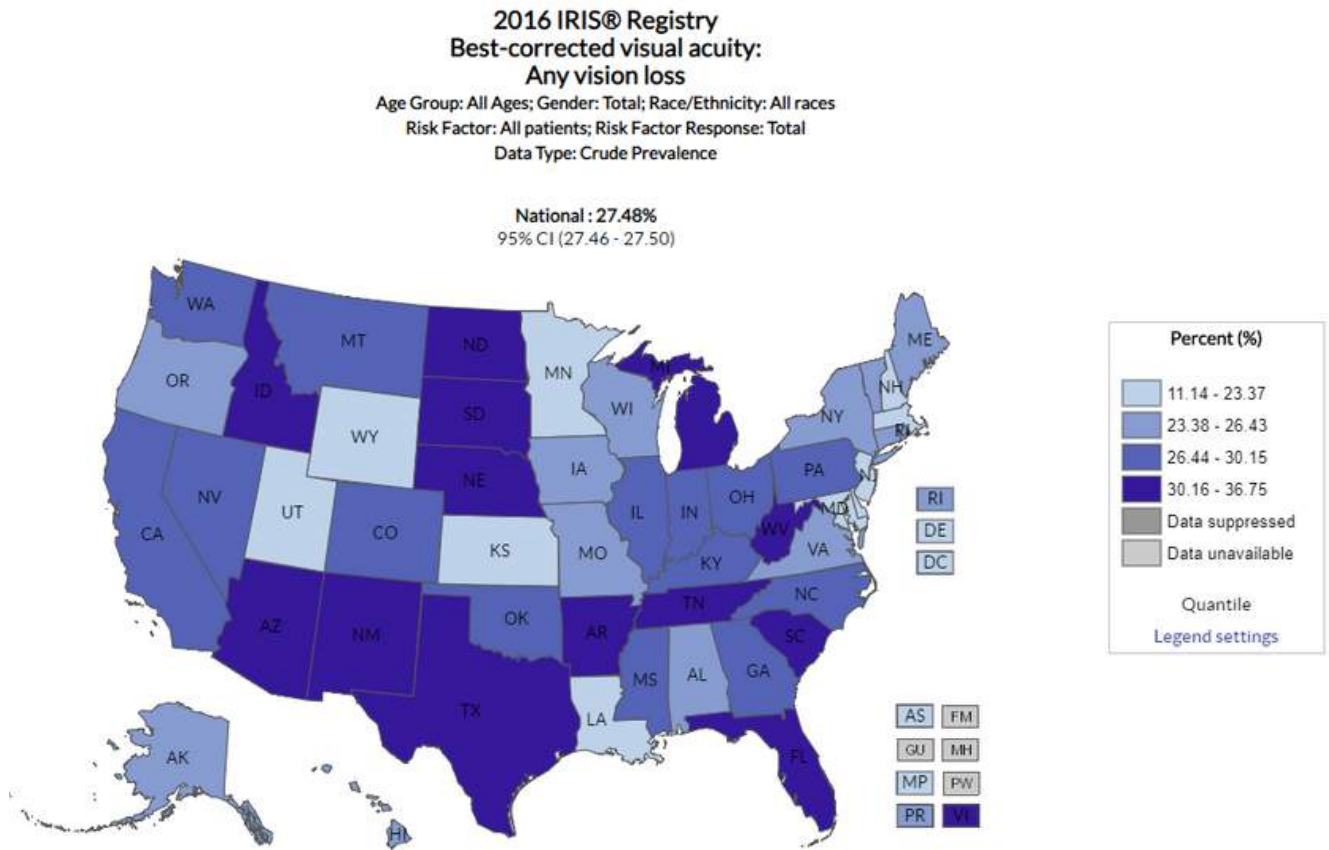
More >

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VISION AND EYE HEALTH SURVEILLANCE SYSTEM

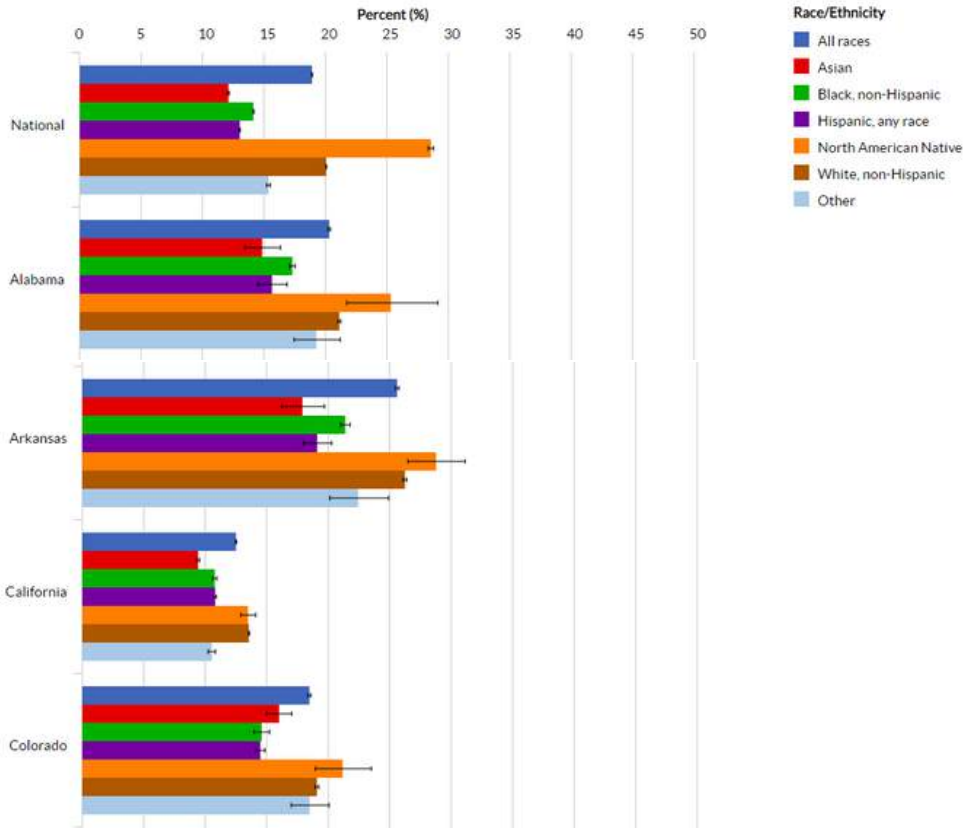
Some examples of searches that can be run on the site:



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VISION AND EYE HEALTH SURVEILLANCE SYSTEM

2015 Medicare Claims
Proportion of patients who had an eye exam in selected year:
By an optometrist or optician
Age Group: All Ages; Gender: Total
Risk Factor: All patients; Risk Factor Response: Total
Data Type: Crude Prevalence
Compare: Race/Ethnicity



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VISION AND EYE HEALTH SURVEILLANCE SYSTEM

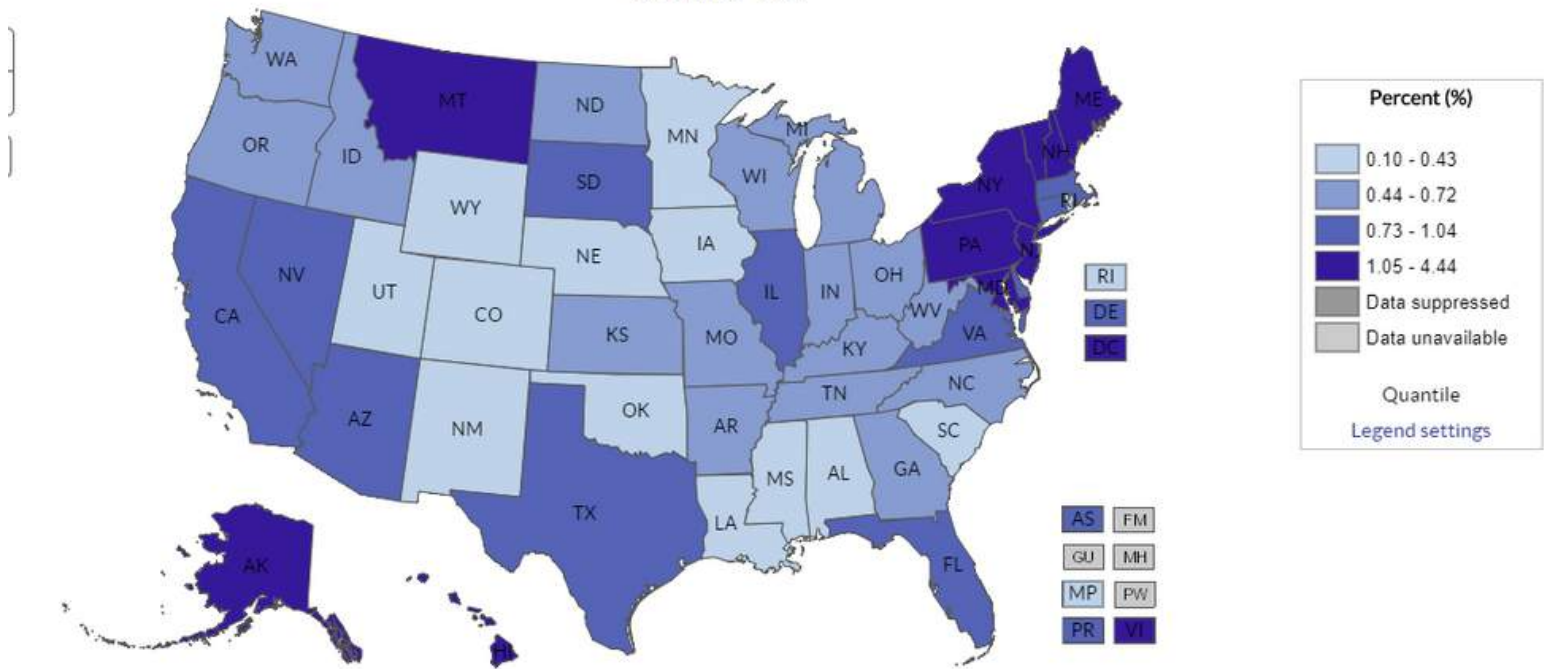
2016 IRIS® Registry Annual prevalence of diagnosed glaucoma: Narrow-angle glaucoma

Age Group: All Ages; Gender: Total; Race/Ethnicity: All races

Risk Factor: All patients; Risk Factor Response: Total

Data Type: Crude Prevalence

National: 0.85%
95% CI (0.85 - 0.85)



<https://www.cdc.gov/visionhealth/vehss/index.html>

AUGUST 2018

UPDATES IN THE EYE
WORLD

LOCAL ADVANCES



Collagen Cross Linking

**DR. AZHAR SALAHUDDIN
INSIGHT VISION CENTER**

Corneal cross linking is a treatment method for keratoconus patients that uses a minimally invasive procedure involving Vitamin A drops and UV light. Through this process, the cornea is strengthened and progression of the disease process is slowed or stopped. It could prevent the need for corneal transplant surgery in the future.

This procedure was FDA approved in 2016 and InSight will be one of the first offices in the Central Valley to offer it.

If you have a patient with keratoconus and are interested in having a consultation, call 559-492-3547.

Dr. Salahuddin and InSight are not sponsors of this newsletter or CCOS.

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UPDATES IN THE EYE
WORLD

GOVERNMENT AFFAIRS



IMPORTANT: New Prescription Requirement Starts in October
Beginning October 2, 2018, optometrists and other health care practitioners must consult California's prescription drug monitoring database called "CURES" before prescribing a Schedule II, III or IV controlled substance.

The California Department of Justice (DOJ) provides information about CURES registration, user guides and frequently asked questions at www.oag.ca.gov/cures. For questions about CURES or training requests, contact DOJ staff at CURES@doj.ca.gov or (916) 210-3187.

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ONLINE VISION TESTS

Help COA Raise Awareness about the Dangers of Online Vision Tests

REPORT PATIENT EXAMPLES OF SERIOUS EYE CONDITIONS THAT WOULD HAVE BEEN MISSED BY ONLINE EYE TESTS

Several companies, such as Opternative, market online "vision tests" directly to consumers for the purpose of obtaining an eye glass or contact lens prescription. This technology allows patients to self-administer a series of visual tests and pay for an eyeglass prescription signed by an "optometrist" or "ophthalmologist."

The Federal Drug Administration issued a warning to Opternative in 2017 demanding cessation of marketing its online product. Opternative continues to operate under apparent violation of federal law.

Furthermore, Opternative has partnered with 1-800-Contacts to enable patients to obtain contact lenses without an in-person exam. This new technology promises consumers convenience and affordability but also raises concerns for patient safety.

As primary eye care providers, we are on the front line and have numerous examples of how this online technology can do our patients a serious injustice. We know this can range from missing contact lens related problems such as fitting issues or corneal damage to sight threatening problems like glaucoma or retinal detachments -- or even life-threatening diagnoses such as uncontrolled diabetes, malignant hypertension or tumors.

COA is collecting examples of such cases to fully inform regulators about the dangers of online vision tests. To report your own case, click on the button above.

The screenshot shows the 'Online Eye Tests Evidence of Problem Form' from the California Optometric Association website. The form includes a header with the COA logo and navigation links. The main content area contains instructions for reporting a patient example, a list of conditions to report (such as astigmatism, hyperopia, and glaucoma), and a section for patient information with input fields for age and gender.

[Click Here to Report](#)

AUGUST 2018

UPCOMING EVENTS



2 HOUR OPTOVUE CE EVENT

Julie Andrade: COA Town Hall
VA Residency Presentations
Diabetic Retinopathy: Dr. Craig Thomas
September 19, 2018
Piccadilly Inn, 6 PM

3-4 HOUR CE EVENT

October 20, 2018
Radin Center, Clovis

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CCOS CE Dinner Meeting

Wed, Sept 19, 2018

6:00pm

2 CE HOURS

COA Approval

Pending



Hotel Picadilly - Crown Room
2305 W. Shaw Avenue, Fresno

6:00pm Check-In and Visit Booths

6:30pm COA Town Hall Meeting

7:00pm CE Presentations by VA Residents (1 hour) and Early
Diagnosis & Treatment of Diabetic Retinopathy by Dr. Craig
Thomas (1 hour)

Platinum Sponsor: Science Based Health

Gold Sponsor: Optovue

Silver Sponsor: Johnson & Johnson

Bronze Sponsors: CooperVision, Eye-Q, Optos,
Solutionreach, VSP

Free CE & Dinner
for CCOS Members
& Optometry Students.
\$50 for Non-Members.

RSVP to
ccosociety@gmail.com
by Sept 10

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montereysymposium.com • November 16-18



registration
is open



Monterey Symposium

8 hours of glaucoma CE
Get nearly 20 hours of CE
hang out with peers at event functions
Eat free all weekend!

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THE LOCAL
NETWORK STUDY
GROUP DINNER MEETING

IDOC DINNER AND DISCUSSION THE LOCAL NETWORK

Maximizing Contact Lens Practice

Contact lenses represent a significant share of business for most optometric practices. It is imperative to stay current with clinical advancements as well as industry trends in practice management.

Share your insights, ask important questions, and gain valuable knowledge through an engaging peer to peer discussion over a complimentary dinner

Facilitated by **Jeffrey Garcia, OD**
IDOC Member Director

Thursday, September 13th at 6:30pm

Fleming's Prime Steakhouse

639 East Shaw Avenue
Fresno, CA 93710

INDEPENDENT ODS ONLY
Non-IDOC Members welcome to attend 1x per year
Seating is limited – Registration required



Register via email: RSVP@IDOC.net



IDOC, LLC., 383 Main Avenue, Suite 602, Norwalk, CT 06851 | Phone: 800.IDOC.409 | Fax: 866.477.8725

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Yes, I would like to contribute to Dr. Ed Hernandez' campaign for Lieutenant Governor, 2018:

\$7,300 \$4,100 \$1,500 \$500 \$250 \$100 Other: \$

Payment by Check: Enclosed is a check payable to "Ed Hernandez for Lieutenant Governor 2018"

Payment by Credit Card: I authorize payment of my total contribution from the credit card below.

I would like to make my contribution in monthly installments. I authorize a charge to the credit card below each month until the pledge is paid in full.

I authorize a one-time payment of: _____

VISA MasterCard American Express Discover

Credit Card Number: _____ Monthly charge: ___ Name as it appears on the card: _____

Billing Address: _____ City: _____ Zip: _____

Signature: X _____ Exp. Date: _____

↓ Required Information for All Donors ↓

Name: _____

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(street address - No P.O. boxes please)

City: _____ State: _____ Zip: _____

Home Phone: _____ Email: _____ Occupation: _____

_____ Work Phone: _____

Employer: *(please list name of company if self-employed)* _____

If Political Action Committee, ID Number: _____

Please mail to: ED HERNANDEZ FOR LIEUTENANT GOVERNOR, 2018 • FPPC Identification #1374488
NCP Associates, 556 South Fair Oaks Ave., 101-5, Pasadena, CA 91105 or Fax to (626) 683-7304

Contributions to Ed Hernandez for Lieutenant Governor, 2018 are not deductible as charitable contributions for Federal income tax purposes. The California Political Reform Act (Proposition 34) places limits on contributions to candidates for state office and imposes certain prohibitions. This request does not seek a contribution in excess of applicable limits or from prohibited sources. An individual, corporation, union, PAC, or other entity may contribute a maximum of \$7,300 per election, primary and general. A registered small contributor committee may contribute a maximum of \$14,600 per election. Contributions from foreign nationals are prohibited. The committee cannot accept cash, cashier's checks or money order exceeding \$99. Donors cannot be reimbursed for their contributions. Paid for by Ed Hernandez for Lieutenant Governor, 2018.

Questions? Please contact Nancy Pena at nancy@ncpassociates.com or call (626) 683-7304.

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CLASSIFIEDS

Equipment for Sale

Dr. Chris Fisher is closing his Kerman office and selling off some of his equipment.

Marco CP-670 projector with tabletop and wall mounts

Marco RT-2100 refraction system

Marco LM1200 autolensometer

Marco ARK-760A

Marco Chair and stand Model numbers 5100 and 5105

Topcon SL-3E slit lamp

B&L Keratometer

AO M603B manual lensometer

He would like to sell his Marco refraction system, lensometer, ARK, projector together. It's EHR ready and comes with the cables. It would be nice to sell the chair, stand, keratometer, and slit lamp together.

Please contact

drfisher@signatureoptometry.com

or

559-593-1965

AUGUST 2018

CLASSIFIEDS

Fill-In Optometrist Position available in Visalia, CA (Posted July 2018)

"Hi Docs, I'm looking for personable, efficient and friendly ODs for fill-in work in my busy office in Visalia (days and times are flexible upon your schedule). I offer my docs excellent per diem pay plus bonus."

Please submit all questions and CV to Mona K. Gill, OD at monagillod@gmail.com

Optometrist Position available in Fresno, CA (Posted March 2018)

Optometrist needed for an established Ophthalmology and Optometry practice with offices in Fresno, Madera and Sanger. This is your place to practice full scope optometry! You will have the opportunity to work with specialized Ophthalmologists and practice independent Optometry. Patient care responsibilities include eye exams, ocular disease management, pre and post-operative care, and contact lens services. This position can be full or part time (No weekends). New Graduates Welcome!

Please submit all questions and CV to Ari Pazirandeh at drpazi@gmail.com.



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