

Central California Optometric Society

Immediate Action Needed: Eye Drop Refill Legislation

By Kristine Shultz

The Legislature adjourned its 2015-2016 Legislative Session on Friday. One important issue remains that will benefit optometry patients and we need your help:



Assembly Bill 1831, which would require health plans to refill eye drops early, has passed the Legislature and awaits signature by Governor Jerry Brown. This important measure is authored by Assembly Member Evan Low and is cosponsored by optometry and ophthalmology.

We need your help to get this measure signed into law! Please send your letter requesting Governor Brown's signature on AB 1831 today! See www.ccosociety.org for a direct link to the template letter.



Credit Breach: Possible Second Attempt on ODs and Students

By Margie Recalde, OD, FAAO

On facebook, someone posted Michael Phelps' picture alongside a caption that read "ODs' reaction to credit breach". Michael's face clearly captures the feelings of many ODs that were victims of the breach: disgust, frustration, anger, and resentment. The Credit Breach first occurred in the beginning of August. A month later, according to the AOA, there was a possible second attempt for fraudulent Chase card applications. In some cases, the second attempt led to approved cards. AOA is certain that the breach did not come from them and is urging the responsible party to step forward.

Will this credit breach affect you? I received a few reports from CCOS members that they were affected. Please take this seriously. Read the full story on the CCOS website, take action to protect yourself, and file a report if you are a victim.

President's Message

Margie Recalde, OD, FAAO



On August 17, CCOS Members and Contact Lens Technicians met at Eye-Q Vision Care in Clovis for a dinner presentation and workshop sponsored by X-Cel Specialty Contacts. Here's a quick summary of the highlights:

1. The Atlantis Scleral Lens can be fitted on irregular corneas, post-refractive corneas, and patients with ocular surface disease.
2. The 1-2-3 Fitting Guide for their scleral lens is based on 3 proprietary zones that are independent of each other and offers an easier fitting process compared to other lenses.
3. They also offer the Extreme H2O soft disposable contacts, which are the only lenses available in three diameters. The wide range of diameters ensures a comfortable and correct fit for all cornea sizes.

Our last CCOS Meeting for the year will be presented by Biotissue on November 2 (time and place to be announced). As we plan for 2017, we would appreciate your comments/suggestions to help us provide meetings that interest you. Please email ccosociety@gmail.com. Thank you for your feedback.



Member Spotlight

By Terry Cole, OD

Where do you work and what are your responsibilities?

I began my professional life in 1978 after graduation from Southern California College of Optometry. I purchased the practice of Dr. William Thill and moved to Fresno from Fullerton. Within a few months I married my sweetie Kristi, who was in my class in optometry school. We have practiced together ever since and has been a wonderful personal and professional relationship.

We brought Dr. Jeffrey Krohn into our practice about 10 years later and he worked his way towards full partnership. Just a few years ago Dr. Alesha Jensen also joined our team. About that time we renamed our group practice to "Fig Garden Optometry".

Describe a typical day of work for you.

Both Kristi and I have traveled around the sun almost 64 times so far. We decided last year to reduce our schedule in the office to a part time schedule. It now works out that the two of us together equal about 1 full time optometrist. We have enjoyed this reduced schedule greatly.

What do you like to do on your days off?

We have three grandkiddies, ages 5, 4 and 2 and try to see them as much as we can. Our two daughters live in Santa Cruz and the S.F. Bay area so we head out to see them often. With more time away from the office we have been able to travel much more. Along with our reduced number of weekly workdays, we also have more vacation time. We have been doing many trips around the



An early photo of Kristi and I in our office in our first year of practice in 1978.



Hiking on a trail in Oregon

United States and to tropical island areas. We love the national parks and have visited many over the last couple of years. I have really increased my interest in photography so I am always looking for another place to photograph. I always seem to need more lenses.

Did you ever consider any other profession other than optometry?

My college career began as an electrical engineer and it then went to accounting. Neither of which held my interest. After changing to my third major, biology, at Cal Poly Pomona, I really had rethink what I wanted to do. I combined engineering, accounting and biological sciences and out came optometry.

What type of positions did you have as a CCOS member?

I became the CCOS secretary and after a few years in practice and moved on to serve one year as president. I stayed on as secretary, publishing the meeting announcements and a monthly VisioNotes newsletter for (hard to believe) 30 years. I was so happy to see our president, Dr. Margie Recalde, bring back VisioNotes this year in electronic format and do such a super professional job.

What do you like most about being a CCOS member?

I still enjoy our society meetings and the friendships and camaraderie of my fellow members.

Looking back at your optometric career, what is your biggest accomplishment?

I am very proud of our optometric office and it's ability to continue to survive and grow in this very challenging medical world after 38 years. I have been so fortunate to have a special wife to share both my personal and professional life with. We were also very fortunate to be able to bring in two great partners, Jeff and Alesha, that will continue building our practice in the years to come after Kristi and I someday depart.



Camping on top of a mesa overlooking Monument Valley in Utah.



An overlook in Canyonlands National Park, Utah



Hiking in Bryce Canyon National Park

CALENDAR OF EVENTS



November 2

Promotional Dinner Program
Details To Be Announced



November 18-20

Monterey Symposium

Registration link available on www.ccosociety.org

CLASSIFIED ADS

Optometrist Available for Part-Time Fill In Position

Shannon Dehesa, O.D. is available for part-time fill in work 2-3 days per week. Very personable and good bedside manner. Please email or call if interested: eyedoc.dehesa@gmail.com.

Optometrist Position Open with Luxottica

Luxottica is looking for Doctors of Optometry in Fresno and Visalia. We have a wide range of opportunities including employed, sublease, full time, part time and fill in positions. For more information, please contact: Chelsea Cooper at ccooper@luxotticaretail.com.



Warm Welcome to Our New CCOS Members

Dr. Pearl Thai



Hello! I am very excited to be joining the Central California Optometric Society. I am originally from Sacramento, and completed my undergraduate studies at UC Davis. I attended optometry school in Boston, at the New England College of Optometry. As a student, I received a grant through the National Institutes of Health and the National Eye Institute to conduct research on the mechanisms of myopia. Though I loved the east coast, it is exciting to be back home in California. I am currently pursuing my residency at the Fresno VA Medical Center, where I am proud to be honoring our veterans by practicing full-scope optometry. My hobbies include rock climbing, yoga, and cooking.

Dr. Lisa Lu



Dr. Lisa Lu grew up in upstate New York and subsequently moved across the country to receive her B.S. in Biological Sciences from University of California, Merced. She then completed her graduate studies at Pacific University College of Optometry. In her clinical externship training she acquired experience in primary eye care, pre and post operative care for refractive, cataract and oculoplastic surgeries, specialty contact lenses and ocular disease.

She is glaucoma certified and currently practicing in Fresno, California.

In her spare time, she enjoys time with family and friends, traveling, cooking and baking.

Dr. Noy Ngo



Life has been a little hectic for Dr. Ngo because they just welcomed their first child. Congratulations from CCOS and welcome to the brave new world of parenthood!