



APRIL 2025

CENTRAL CALIFORNIA OPTOMETRIC SOCIETY

WELCOME TO OUR

Monthly Newsletter

Sight Gags by Scott Lee, O.D.



VISIT OUR WEBSITE AT : WWW.CCOSOCIETY.ORG

PRESIDENT'S MESSAGE

HELLO FELLOW CCOS MEMBERS,

1 OF 2

I CAN'T BELIEVE APRIL IS ALMOST OVER AND WE'RE ALREADY A QUARTER OF THE YEAR DONE! IN APRIL, WE HAD OUR FIRST SOCIAL EVENT AND SPRING OCULAR SYMPOSIUM. I THINK BOTH EVENTS TURNED OUT GREAT! THANK YOU TO EVERYONE WHO HELPED PREPARE AND ATTENDED THE EVENTS.

MOST OF YOU ALREADY KNOW MY GOALS ON HOW I WISH TO SHAKE UP THE SOCIETY. FOR THOSE WHO DON'T KNOW YET, I'M DOING A HARRY POTTER THEMED YEAR. I'M SORTING THE SOCIETY INTO FOUR DIFFERENT HOUSES (GROUPS), BUT WITH AN OPTOMETRIC TWIST. THE FOUR OPTOMETRY HOUSES ARE: PRENTICE, SKEFFINGTON, BORISH, AND GALILEO. LIKE THEY DO IN HARRY POTTER, WE WILL BE COMPETING WITH ONE ANOTHER TO SEE WHO WILL WIN THE MOST POINTS BY THE END OF THE YEAR. THE HOUSE WITH THE MOST POINTS WILL WIN THE HOUSE CUP AT THE CCOS BANQUET ON NOVEMBER 7, 2025. I WILL ALSO PRESENT AN AWARD TO TWO INDIVIDUALS THAT HAVE EARNED THE MOST POINTS OVERALL REGARDLESS OF THEIR HOUSE: (1) CCOS YOUNG OD OF THE YEAR AWARD & (1) CCOS OD OF THE YEAR AWARD. THE TWO PEOPLE THAT WIN THIS AWARD WILL BE NOMINATED FOR THE SAME AWARD AT THE COA LEVEL AT NEXT YEAR'S HOUSE OF DELEGATES.

HOW TO EARN YOUR POINTS? ATTEND CCOS/COA/AOA EVENTS!

ATTEND MEETINGS	ATTEND SOCIALS	VOLUNTEERING
15 pts: CCOS Symposium 20 pts: COA in-person events 30 pts: AOA in-person events	10 pts: CCOS socials # pts: correct trivia answers	100 pts: every 4 hours of volunteering



PRESIDENT'S MESSAGE

2 OF 2

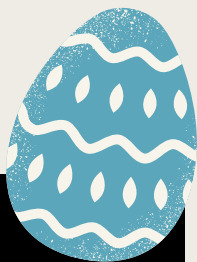
I'M ALREADY KEEPING TRACK OF EVERYONE'S POINTS! PLEASE EMAIL ME AT INTHAVONG.OD@GMAIL.COM ABOUT YOUR COA OR AOA ATTENDANCE, OTHERWISE YOUR POINTS WON'T COUNT. IF YOU HAVEN'T BEEN SORTED YET AND WISH TO COMPETE, EMAIL ME AND I WILL ASSIGN YOU TO YOUR HOUSE.

I'M OPTIMISTIC THAT THIS WILL HELP SPARK A BIT OF FRIENDLY COMPETITION, BUT ULTIMATELY TO HELP FORM CLOSER BONDS WITH NEWER ODS IN TOWN. WHO KNOWS...IF THIS GOES WELL, THERE MIGHT BE A ROUND 2. THERE'S LOTS OF EXCITING EVENTS FOR THE REMAINDER OF THE YEAR. PLEASE TAKE A LOOK AT WHAT OUR COMMUNICATIONS CHAIR, ANDREA, HAS ADDED TO OUR NEWSLETTER. HOPE TO SEE EVERYONE SOON!

**SINCERELY,
DIANNA INTHAVONG, OD
CCOS PRESIDENT**



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2025-2027 CCOS BOARD



**DIANNA INTHAVONG, OD
PRESIDENT**



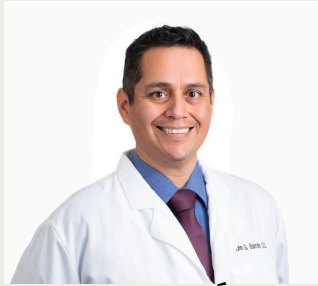
**ANTHONY CHAVEZ, OD
PRESIDENT-ELECT**



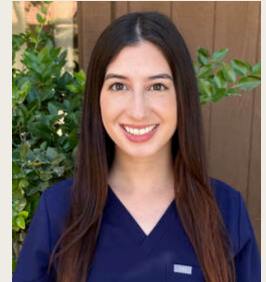
**ALYSSA YAMAMOTO, OD
IMMEDIATE
PAST-PRESIDENT AND EVENT
CHAIR**



**JOANN ADAMS, OD
SECRETARY**



**JOHN BARRÓN, OD
TREASURER**



**LAUREN FERNANDEZ, OD
MEMBERSHIP CHAIR**



**ANDREA HUERTA, OD
COMMUNICATIONS CHAIR**



**DIANE LEE RAMIREZ, OD
SPONSORSHIP
CHAIR**



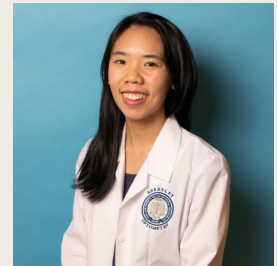
**MICHAEL MENDOZA, OD
PUBLIC
AFFAIRS/AWARENESS**



**CRYSTAL TOM, OD
MEMBER AT LARGE**



**ALNASHMI ABUMAALI, OD
MEMBER AT LARGE**



**DIANNE LEE, OD
MEMBER AT LARGE**



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RECENT EVENTS

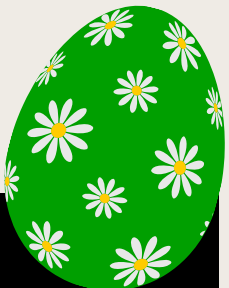


CCOS SOCIAL
AT
BARRELHOUSE
BREWING CO.

APRIL 02, 2025



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RECENT EVENTS

CCOS SPRING SYMPOSIUM

APRIL 12, 2025



VISIT OUR WEBSITE AT : WWW.CCOSOCIETY.ORG



UPCOMING EVENTS

EYE-Q

YOU ARE INVITED TO OUR OPEN HOUSE
FRIDAY, MAY 2
5PM - 7PM

AT OUR NEW LOCATION
2535 ALLUVIAL AVENUE
CLOVIS, CA 93611

RSVP TO LEEANN AT LERL@EYEQVC.COM

HORS D'OEUVRES, DRINKS, MUSIC



VISIT OUR WEBSITE AT : WWW.CCOSOCIETY.ORG



UPCOMING EVENTS

WE NEED YOU!

Volunteer Optometrist

Clovis Senior Center | 850 4th St, Clovis, CA 93612

May 3, 2025 [Saturday]

9:00 AM - 1:00 PM

Join us in our mission to increase accessibility to vision care services by providing free eye exams and single vision glasses on the spot.

IF YOU ARE INTERESTED OR HAVE ANY INQUIRIES, PLEASE CONTACT:

E-mail: olivia.chung@tzuchimedical.us

Tel: (559) 291-8800 / (559) 475-0704



Fresno Tzu Chi Mobile Clinic serves the low-income, underserved, and uninsured communities in the Central Valley through no-cost services.



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UPCOMING EVENTS



CENTRAL CALIFORNIA
OPTOMETRIC SOCIETY

FRESNO VA GRAND ROUNDS 1 HOUR CE



When:

Thursday
June 5, 2025 | 6:00PM



Where:

13 Prime Steak
1345 N Willow Ave #190,
Clovis, CA 93619



Schedule:

6:00 PM | Check-in, appetizers
6:30 PM | Presentation begins
7:30 PM | Dinner, social

REGISTRATION OPEN

Questions? Email: ccos.events@gmail.com

**REGISTER
HERE**

VISIT OUR WEBSITE AT : WWW.CCOSOCIETY.ORG



UPCOMING EVENTS

HEALING CALIFORNIA CENTRAL VALLEY VETERANS DENTAL AND VISION CLINIC

Tuesday, June 24, 2025, 8:00 AM –
Wednesday, June 25, 2025, 4:00 PM

American Legion Post 509
3509 North First Street, Fresno, CA, 93726, United States
(map)

Professionals Still Needed:

We are in need of dental, vision and medical volunteers to help us provide services. All equipment, supplies and PPE is provided, all we need is your skills and your time.

VISION

- Optometrists
- Opticians
- Optometric/Ophthalmic Techs
- Optometry Students
- Retinal Camera Techs
- Vision Lab Techs

We will be offering the following services.

DENTAL

- Exams
- X-rays
- Cleanings
- Fillings
- Extractions

VISION

- Eye Exams
- Prescription glasses made and dispense onsite

FOR MORE INFORMATION

[CLICK HERE!](http://www.ccosociety.org)



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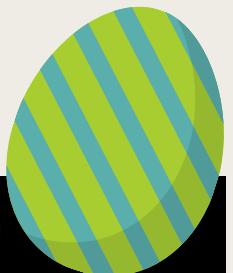
UPCOMING EVENTS

SAVE THE DATES!!!

- **OCTOBER 18, 2025 -
CCOS FALL SYMPOSIUM**
- **NOVEMBER 07, 2025 -
CCOS HOUSE CUP AND
BANQUET**



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 CooperVision®

SCOPE

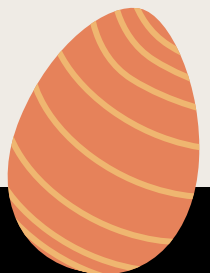
Symposium exhibitor

 **Tarsus**

B+L
BAUSCH+LOMB



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COA LEGAL CONSULTATION

**COA MEMBERS ARE ALLOWED UP TO
ONE-HALF HOUR (30 MINUTES) OF
TELEPHONE AND RESEARCH WORK
PER MONTH WITH AN ATTORNEY AT
NO COST.**

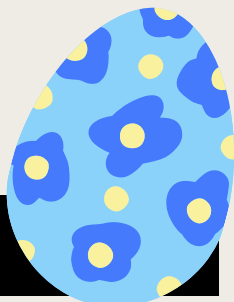
**CALL WILKE FLEURY AT
916-441-2430**

SERVICES OFFERED ARE:

- **BUSINESS TAX ISSUES**
- **BUSINESS OWNER SUCCESSION PLANNING**
- **CAL/OSHA/PROP 65 ISSUES**
- **CONTRACT ISSUES**
- **EMPLOYMENT LAW**
- **LICENSURE ISSUES**
- **PRACTICE OWNERSHIP AND ORGANIZATIONAL
STRUCTURE**
- **REGULATORY AND ADMINISTRATIVE LAW**
- **CALIFORNIA STATE BOARD OF OPTOMETRY RULES AND
ENFORCEMENT ISSUES**



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FOLLOW US!



@CCOS.OPTOMETRY



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OPTOMETRIC SOCIETY**



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