

06/18

Central
California
Optometric
Society

VISIONOTES & QUOTES

the latest news for the Central Valley's optometric professionals

FEATURED STORIES

*June CE Meeting, A Day at the VA
Updates in the Eye World
New CCOS Member*



JUNE 2018

*Central California Optometric Society
Visit our website at : www.ccosociety.org*

COMMUNICATIONS MESSAGE

Happy Summer CCOS Members,

On Memorial Day, during a drive to the coast with my husband, one of my friends from North Carolina called us to catch up. Little did I know that this phone call would stick with me to this day (and probably for the rest of my career as an eye doctor). He told us he was going in for the first of two trabeculectomies. He had lost 80% of his sight in his right eye, and was losing sight in his left eye to undiagnosed glaucoma.

This came as a shock to me and my husband since we had befriended him during my residency and he had been surrounded by optometry residents constantly talking about eyes.



He could not remember the last time he had been to an eye doctor before the diagnosis. He had been using Zenni to update his glasses. He only reluctantly went in for an eye exam when he kept missing the softball while playing left field. His pressures were over 50 and he was sent immediately to a glaucoma specialist and thus began a whirlwind of information about glaucoma, vision loss and the repercussions of the 'silent thief.'

He was one of my most active friends: playing softball, football, kickball, hiking -- basically spending every last minute outdoors. To hear him tell me he really hasn't been doing much, in a despondent voice, because of his visual limitations really struck home for me. To think this all could have been prevented with a bit more education is the most disappointing, but also hopeful parts of this story.

What responsibility do we, as eye doctors, have to educate our friends, family and the general population about the importance of eye care? Food for thought.

Your friendly neighborhood communications crew,
Kim Vuong & Andrea Liu



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PRESIDENT'S MESSAGE

Michael Mendoza, OD

The Half Way Point!

What a (half) year it's been so far! Six meetings in 6 months and we have been able to provide 8 hours of live CE for our members! We've been able to add more new CCOS members and our attendance has more than doubled, with our June meeting hitting an all-time high with over 40 in attendance including Optometry students, pre optometry students and some non-members. I'd like to thank Chief Optometrist of the Fresno VA, Dr. Deana Lum, her colleagues and resident optometry students for their wonderful presentation. We are looking forward to continuing to collaborate with the Fresno VA in the future for more CE meetings.

Although we will be taking a short break for the Summer, we will hit the ground running again in the Fall with plans for a 2 hour CE meeting in September and a 4 hour CE meeting on October 20th , providing our members with a total of 14 hours of live CE by years end. Also, do not forget to take advantage of the 12 hours of online CE provided by the COA which is free to members.

Bridging the gap for the summer is our big Social and Membership event on Wednesday, July 18 th at Dave and Busters hosted by Lindsey from Vistakon! There are a lot of new faces moving into our area that are not yet members of the CCOS and we want to use this opportunity to meet and greet with them and answer any questions they may have on the benefits of being a member. Most importantly on the agenda: HAVE FUN! Free food, drinks and even game passes for all those who attend. Please RSVP on our website under events or email us at ccosociety@gmail.com by July 11 th . The sooner you can let us know, the better as we may need to get a larger room reserved.

That's it for now, I hope you all have a wonderful summer and please contact us with any questions, suggestions or concerns!

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JUNE CE MEETING

A DAY AT THE VA

Ramada Inn
June 7 at 6:00 PM



A DAY AT THE VA EYE CLINIC ...



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JUNE CE MEETING

A DAY AT THE VA

EXAM ROOM 1 COURTNEY GOODE, OD

A Rare Presentation of Herpes Simplex Virus:
Peripheral Ulcerative Keratitis (PUK)



EXAM ROOM 2 KATHLEEN AU, OD

Maxed Out? Current Options for the Progressing
Glaucoma Patient



EXAM ROOM 3 JOAN KIM LE, OD

Zoster Invasion: A Rare Case of Herpes Zoster
Ophthalmicus



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EXAM ROOM 4
DREW ALDRICH, OD, MS, FAAO
ALVARO CASTILLO, OD, FAAO
YANDI CHEN, OD
DEANA LUM, OD
ANDREW TA, OD

JUNE CE MEETING

A DAY AT THE VA

Cases of Asymmetric Glaucoma



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UPDATES IN THE EYE
WORLD

LOCAL ADVANCES



Collagen Cross Linking

**DR. AZHAR SALAHUDDIN
INSIGHT VISION CENTER**

Corneal cross linking is a treatment method for keratoconus patients that uses a minimally invasive procedure involving Vitamin A drops and UV light. Through this process, the cornea is strengthened and progression of the disease process is slowed or stopped. It could prevent the need for corneal transplant surgery in the future.

This procedure was FDA approved in 2016 and InSight will be one of the first offices in the Central Valley to offer it.

If you have a patient with keratoconus and are interested in having a consultation, call 559-492-3547.

Dr. Salahuddin and InSight are not sponsors of this newsletter or CCOS.

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UPDATES IN THE EYE
WORLD

NEW TECHNOLOGY

FDA APPROVES

ARTIFICIAL IRIS

AOA FIRST LOOK



FIRST HUMAN CORNEA

3D PRINTED CORNEA

NEWCASTLE UNIVERSITY

U,S, Food and Drug Administration approves the first artificial iris by HumanOptics AG called CustomFlex Artificial Iris. It is custom-colored and molded for each user by medical-grade silicone. The device was evaluated in clinical studies with 400 adults and children.

Published in Experimental Eye Research, scientists at Newcastle University mixed stem cells (human stromal corneal cells) with alginate and collagen to make a 'bio-ink.' A low-cost 3D printer was used to form the shape of a human cornea which took ten minutes to print. The scientists point out this is still years from being available to patients.

<https://consumer.healthday.com/eye-care-information-13/eye-and-vision-problem-news-295/first-artificial-iris-is-approved-734386.htm>

<https://www.ncl.ac.uk/press/articles/latest/2018/05/first3dprintingofcorneas/?platform=hootsuite>

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UPDATES IN THE EYE
WORLD

GOVERNMENT AFFAIRS



IMPORTANT: New Prescription Requirement Starts in October
Beginning October 2, 2018, optometrists and other health care practitioners must consult California's prescription drug monitoring database called "CURES" before prescribing a Schedule II, III or IV controlled substance.

The California Department of Justice (DOJ) provides information about CURES registration, user guides and frequently asked questions at www.oag.ca.gov/cures. For questions about CURES or training requests, contact DOJ staff at CURES@doj.ca.gov or (916) 210-3187.

JUNE 2018

NEW CCOS MEMBER

BRIANNA KEBO



Brianna Kebo completed her undergraduate studies at UCSD where she earned her Bachelor's degree in Political Science and Critical Gender Studies. After a short soul-searching period, she decided to follow in her father's footsteps and pursue a career in optometry. She graduated from SCCO, and moved back to her hometown of Sanger where she joined her father's practice. When she is not in the office, Brianna spends her time with her husband and family. She enjoys traveling, snowboarding and various crafting/sewing projects.

JUNE 2018

ONLINE VISION TESTS

Help COA Raise Awareness about the Dangers of Online Vision Tests

REPORT PATIENT EXAMPLES OF SERIOUS EYE CONDITIONS THAT WOULD HAVE BEEN MISSED BY ONLINE EYE TESTS

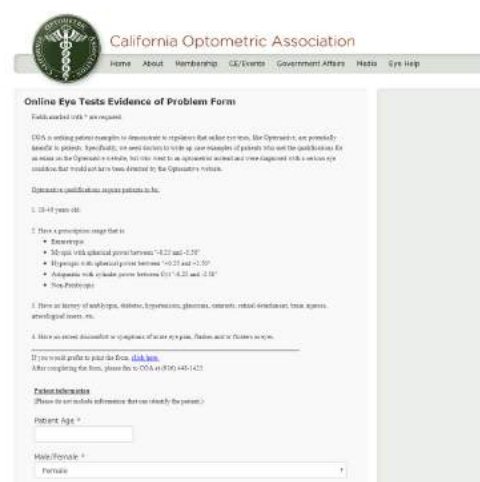
Several companies, such as Opternative, market online "vision tests" directly to consumers for the purpose of obtaining an eye glass or contact lens prescription. This technology allows patients to self-administer a series of visual tests and pay for an eyeglass prescription signed by an "optometrist" or "ophthalmologist."

The Federal Drug Administration issued a warning to Opternative in 2017 demanding cessation of marketing its online product. Opternative continues to operate under apparent violation of federal law.

Furthermore, Opternative has partnered with 1-800-Contacts to enable patients to obtain contact lenses without an in-person exam. This new technology promises consumers convenience and affordability but also raises concerns for patient safety.

As primary eye care providers, we are on the front line and have numerous examples of how this online technology can do our patients a serious injustice. We know this can range from missing contact lens related problems such as fitting issues or corneal damage to sight threatening problems like glaucoma or retinal detachments -- or even life-threatening diagnoses such as uncontrolled diabetes, malignant hypertension or tumors.

COA is collecting examples of such cases to fully inform regulators about the dangers of online vision tests. To report your own case, click on the button above.



[Click Here to Report](#)

JUNE 2018

UPCOMING EVENTS



SOCIAL HOUR

July 18, 2018

6:00 - 9:00 PM

Dave & Busters

4 HOUR CE EVENT

October 20, 2018

TBA

JUNE 2018

CCOS SOCIAL & YOUNG ADVOCATES EVENT

Food & Drink Provided

Socialize with current CCOS
members

Meet & greet potential new
members



DAVE & BUSTERS

JULY 18, 2018 @ 6:00-9:00PM

212 E. RIVER PARK CIRCLE, FRESNO, CA 93720

RSVP TO CCOSOCIETY@GMAIL.COM BY JULY 11

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Yes, I would like to contribute to Dr. Ed Hernandez' campaign for Lieutenant Governor, 2018:

\$7,300 \$4,100 \$1,500 \$500 \$250 \$100 Other: \$

Payment by Check: Enclosed is a check payable to "Ed Hernandez for Lieutenant Governor 2018"

Payment by Credit Card: I authorize payment of my total contribution from the credit card below.

I would like to make my contribution in monthly installments. I authorize a charge to the credit card below each month until the pledge is paid in full.

I authorize a one-time payment of: _____

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Credit Card Number: _____ Monthly charge: ___ Name as it appears on the card: _____

Billing Address: _____ City: _____ Zip: _____

Signature: X _____ Exp. Date: _____

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_____ Work Phone: _____

Employer: *(please list name of company if self-employed)* _____

If Political Action Committee, ID Number: _____

Please mail to: ED HERNANDEZ FOR LIEUTENANT GOVERNOR, 2018 • FPPC Identification #1374488
NCP Associates, 556 South Fair Oaks Ave., 101-5, Pasadena, CA 91105 or Fax to (626) 683-7304

Contributions to Ed Hernandez for Lieutenant Governor, 2018 are not deductible as charitable contributions for Federal income tax purposes. The California Political Reform Act (Proposition 34) places limits on contributions to candidates for state office and imposes certain prohibitions. This request does not seek a contribution in excess of applicable limits or from prohibited sources. An individual, corporation, union, PAC, or other entity may contribute a maximum of \$7,300 per election, primary and general. A registered small contributor committee may contribute a maximum of \$14,600 per election. Contributions from foreign nationals are prohibited. The committee cannot accept cash, cashier's checks or money order exceeding \$99. Donors cannot be reimbursed for their contributions. Paid for by Ed Hernandez for Lieutenant Governor, 2018.

Questions? Please contact Nancy Pena at nancy@ncpassociates.com or call (626) 683-7304.

JUNE 2018

CLASSIFIEDS

Equipment for Sale

Dr. Chris Fisher is closing his Kerman office and selling off some of his equipment.

Marco CP-670 projector with tabletop and wall mounts

Marco RT-2100 refraction system

Marco LM1200 autolensometer

Marco ARK-760A

Marco Chair and stand Model numbers 5100 and 5105

Topcon SL-3E slit lamp

B&L Keratometer

AO M603B manual lensometer

He would like to sell his Marco refraction system, lensometer, ARK, projector together. It's EHR ready and comes with the cables. It would be nice to sell the chair, stand, keratometer, and slit lamp together.

Please contact

drfisher@signatureoptometry.com

or

559-593-1965

JUNE 2018

CLASSIFIEDS

Optometrist Position available in Fresno, CA (Posted March 2018)

Optometrist needed for an established Ophthalmology and Optometry practice with offices in Fresno, Madera and Sanger. This is your place to practice full scope optometry! You will have the opportunity to work with specialized Ophthalmologists and practice independent Optometry. Patient care responsibilities include eye exams, ocular disease management, pre and post-operative care, and contact lens services. This position can be full or part time (No weekends). New Graduates Welcome!

Please submit all questions and CV to Ari Pazirandeh at drpazi@gmail.com.

Optometrist Position available in Corcoran, CA and Avenal, CA (Posted March 2018)

Two optometrists position open Corcoran State Prison and Avenal State Prison.
Hourly rate at Corcoran: \$90/hour
Hourly rate at Avenal: \$83/hour

For more information or any inquiries, please contact Alice at 1-877-850-5132.



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—Paul Karpecki, OD, FAAO



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