

# CENTRAL CALIFORNIA OPTOMETRIC SOCIETY NEWSLETTER

## FEATURED STORIES

*Last President's Message from Dr. Chris Fisher*

*Communications Message*

*Meet our new Members!*

*Upcoming Events*

*Classifieds*



**JANUARY 2022**

*Central California Optometric Society*  
Visit our website at : [www.ccosociety.org](http://www.ccosociety.org)

# PRESIDENT'S MESSAGE

CCOS Members,

I'm grateful for the opportunity to serve as the society president these last two years. It had a lot of ups and downs. These were not the 2 years I expected or planned to have. COVID has changed the way we practice and continues to change what we do. I suspect it will have an impact on the rest of our personal and professional lives. I miss seeing and meeting with you all.

Despite COVID we continue to improve the profession. The COA has continued to work diligently on our behalf. The COA had great gains this year despite the challenges. I hope each of you are still able to progress personally and professionally in the ways that you desire.

Optometry is a very diverse profession. In optometry school we come together, learn, laugh, party, relax, and spend crazy amounts of time together. Then we are sent out into the world, working independently or in small teams or groups, private practice, corporate, institutional, education, research, etc. We are also all at very different parts of our professional journeys. Figuring out what areas of optometry we enjoy. We continue learning and growing but often in a more independent path. Every day we go to our jobs we help our patients make choices for their vision, we educate them, we seek for ways to help them understand a fraction of what we have learned. We do this because we care, and vision makes a huge difference in our lives.

I am grateful for the contributions of all our CCOS board members. They work tirelessly on your behalf. Each board tries to create a shared vision they all work towards. The education, sponsorships, events, and advocacy require great effort on behalf of the chairpersons involved. As we prepare to install a new board, I know they will continue to help the society grow in both numbers and unity.

Having worked with Andrew as the President-Elect, I want you to know he will be an excellent leader. He won't be able to do it alone. Please support him in his work as the CCOS president, look for ways to contribute, and support him in his goals and efforts.

Everything we do locally contributes to what optometry becomes. We cannot be passive and let outside influences define what optometry is and will be. My hope is that the Central California Optometric Society will continue to grow. That can only come with unity. We need to always be able to communicate and respect one another's other decisions and choices. I appreciate the opportunity I had to serve as your president. If there is ever anything I can do to help, please just reach out.



Thank you,  
Chris Fisher, OD  
(Soon to be Immediate Past) CCOS President  
Cell 559-593-1965  
drfisher@signatureoptometry.com

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# COMMUNICATION'S MESSAGE

Dear CCOS,

Hope you all had a wonderful holiday season! My husband and I got to enjoy our first time snowboarding this year. We gave up after about 3 hours of falling, but will try again before the season ends. Shaver lake and China Peak are surprisingly close to us and beautiful this time of year. Highly recommend for a day trip.



Thank you for attending all the CCOS virtual meetings this year. Hopefully we'll be able to meet in person soon. I just wanted to wrap up this past year and welcome the new year and all of our new members:

Gloria Young  
Rachel Choi  
Joann Adams  
Justin Smith  
Bradley Kovach  
Maurice Jackson  
Angelica Nava  
Dianna Inthavong  
Jessica Vu

I will be including their bios in this newsletter and the next so that we can get to know them a little bit.

We will be welcoming a new board in the next month and our President-Elect Dr. Andrew Ta will soon step up to be our new CCOS President for the next 2 years. We will have our first event of the year on Feb 8 at 6:30pm. [RSVP here for the 2 hour virtual CE with Dr. Sharifi and Fresno VA Residents.](#)

As always the CCOS board is here for the members, so if there's any events, resource, or whatever it is that you would like for CCOS to provide. Please feel free to contact any one of us. If you're unsure of who to contact, send me an email and I'll direct you to the right person.

Sincerely,

Diane Ramirez  
Communications Chair  
Communications.CCOS@Gmail.com

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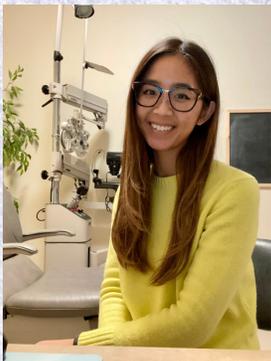
# MEET OUR NEW MEMBERS!



**Dr. Crystal Tom** is a Clovis native, providing primary eye care for patients of all ages, contact lens fittings, and treatment for many ocular diseases, including diabetic examinations and glaucoma.

After graduating from the University of California, Irvine with a Bachelor of Science in Biology, she enrolled in the Southern California College of Optometry at Marshall B. Ketchum University, where she completed her Doctor of Optometry degree with honors. After graduating, she completed her residency in primary eye care and ocular disease at Hu Hu Kam Memorial Hospital in Sacaton, Arizona. During the course of her academic career, she completed internships at Bakersfield Veterans Affairs Clinic, Castle Family Health Center, Hu Hu Kam Memorial Hospital, and Ketchum Health. She is also a Fellow of the American Academy of Optometry.

In her spare time, she enjoys spending time with her family, hiking, and playing a variety of sports.



**Dr. V. Dianna Inthavong** (IN-thuh-vong) is originally a Fresno native. She is a first generation Laotian-American and the first in her family with an advanced degree. She received her undergraduate education at Fresno State where she earned her Bachelor's degree in Chemistry with minors in Mathematics and Greek.

Dr. Inthavong received her Doctor of Optometry degree at Western University of Health Sciences in 2021. While in school, she received honors in patient care services, was a Student Ambassador, a member of the BSK International Optometric Honor Society, a Student Fellow of the American Academy of Optometry, and was recognized as a Young COA Advocate. In her last year of education, she wanted to travel the country before settling back in the Valley. Dr. Inthavong completed her externships at a private practice in Seattle, WA; The Villages VA Clinic in Florida; the Ernest Childers VA Outpatient Clinic in Tulsa, OK; and a community care clinic in Pasadena, CA.

Dr. Inthavong is now practicing with Dr. Jay Newsome & Dr. Susan Mencarini in Clovis.

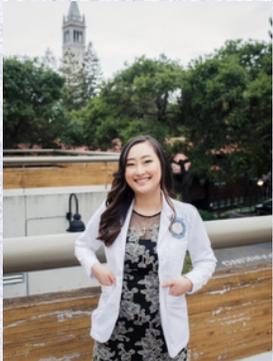
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# MEET OUR NEW MEMBERS!



**Dr. Angelica Nava** was born in Santa Cruz, California and raised in the Central Valley. She earned her Bachelor's of Science in Biology from UC Merced. Dr. Nava went on to earn her Doctorate of Optometry from Western University. Dr. Nava recently started working for Family Health Care Network in Visalia. She enjoys traveling with her friends and family. Her favorite activity is going to the beach and enjoying the sunshine. Dr. Nava is excited to be part of this organization and meet more colleagues.



**Dr. Rachel Choi** is a residency-trained optometrist who recently moved to Fresno from Los Angeles. She completed her undergraduate degree at UT Dallas, her optometry degree at UC Berkeley, and her residency at the Michael E DeBakey Veterans Affairs Medical Center in Houston, Texas. She has worked in private practice, served as adjunct clinical faculty at Marshall B Ketchum University, and now practices at the Fresno VA. Her current primary optometric interests include diagnosing, treating, and managing ocular disease. In her free time, she enjoys cooking and playing Pokémon Go.



**Dr. Joann Adams** enjoys providing primary optometric care to her patients including prescribing glasses and contact lenses, treating and managing ocular conditions such as macular degeneration, glaucoma, and diabetes.

Dr. Adams grew up in Fresno, CA. She received her Bachelor's of Science degree in Biology from Fresno State University. After graduation, she moved to St. Louis, MO to attend the University of Missouri, St. Louis where she earned her Doctorate of Optometry degree. She began practicing as an optometrist in Missouri and Illinois, but has happily chosen to return to Fresno to be closer to her family & serve her community.

In her free time, she enjoys traveling, exploring the outdoors, attending live music events, and spending time with her husband and cat.

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# UPCOMING EVENTS

**January 17 - CE x COA**

**2 hour virtual CE with Dr. David Sendrowski**

Laser Treatment for Glaucoma (1 hr)

Anterior Uveitis Review (1 hr)

**[RSVP Here](#)**

**February 8 @ 6:30pm**

**2 hour virtual CE with Dr. Sharifi and Fresno VA Residents**

Use coupon code in your email for free registration. Email

ccos.events@gmail.com for questions.

**[RVSP Here](#)**

**February 10 and 12 ~ COA House of Delagates (Virtual)**

**April 10 ~COA OptoWest Sacramento**

**April 23 ~ CCOS Spring Ocular Symposium**

**May/June (TBD) ~ COA OptoWest North, South, or Virtual**

**June 15-18 ~ AOA Optometry's Meeting**

**November 4-6 ~ Monterey Symposium**

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# **COA members get 30 minutes of free legal consultation every month**

**CALL  
WILL FLEURY SACRAMENTO LAW FIRM  
AT  
916-441-2430**

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# CLASSIFIEDS

## **Part time Optometrist (Posted September 2021)**

We are a professional office located next to a retail optical, currently looking for a permanent OD 1-4 days a week (flexible on the days). Competitive pay. Easy patient flow. If interested, please email your CV to [dayaeyecare@gmail.com](mailto:dayaeyecare@gmail.com).

## **Full Time 4 days/Week Medical OD Position (Posted August 2021)**

Legacy Optometry

[Legacyopt.com](http://Legacyopt.com)

600 Ash St

Susanville, CA 96130

Legacy Optometry is in search of a full-scope OD that is interested in providing compassionate, state of the art optometric care in Susanville, CA. This practice is the only practice within 80 miles, and sees full-scope care, from pediatrics to geriatrics, from urgent care to ER care. As a result, an OD with a full scope license in CA (Glaucoma/TPAs) is preferred. This practice is equipped with state-of-the art technology in glaucoma and macular degeneration management (Optovue OCT, Virtual Field full threshold fields, pachymetry, retinal imaging, iCare tonometry, and more), and will continue to stay advanced in full medical scope eye care.

Susanville, with a population of 17000, is located in Lassen County, CA, and is in the middle of the beautiful northern Sierras. There is wonderful fishing, hiking, biking, and lakes all within a 60-mile radius. If you enjoy the outdoors, space to yourself, and all of the seasons, Susanville would be a great fit for you.

Full time will be considered as 4 days/week with patients (Mon-Thu) with occasional Friday training partial days for our team. This position will have a starting salary of \$145,000/year, with a \$5000 signing bonus as well as production incentives (Salary will be \$145,000/year or 17% of net charges, whichever is higher). A highly motivated OD can earn over \$200,000 per year on net charges.

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# CLASSIFIEDS

2 weeks of paid vacation will be offered (and grown upon over time), as well as an executive bonus plan that will begin at 6 months of continuous employment. A loan repayment program will be worked into the agreement if necessary. We at Legacy Optometry want to create a position for a long-term career for the right OD.

If interested, do not hesitate to contact the owner, Dr Troy Humphreys, at 775-287-0295 or on email at [legacyopt.com](mailto:legacyopt.com). Dr Troy looks forward to chatting with you about this amazing position and future for this amazing practice that serves a community in need.

## **Full Time Associate OD, ~\$156-187k+/year plus benefits (Posted July 2021)**

We are looking for an energetic, motivated, and friendly optometrist to become a full time associate in our retail practice located in Fresno and/or Clovis.

Positions are available for anyone interested in working as little as 1 day, up to 6 days a week.

New graduates are welcome to apply.

Earn ~\$156k-\$187k+/year working 5-6 days a week plus benefits

Compensation:

- Competitive base salary plus % of production
- Earn more as the practice grows including yearly increases in base salary and benefits
- Paid as an employee and not as an independent contractor

Benefits: (for full time positions 4 to 6 days/week)

- Paid Time Off
- Paid professional liability insurance
- Paid license renewal
- Yearly allowance for CE
- 401k plus employer match after 1 year of employment

Part time position is also available with base per diem and bonus. Please contact [fchenodinc@gmail.com](mailto:fchenodinc@gmail.com)

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