

Central California Optometric Society

January 2018

# VISIONOTES & QUOTES



## UPCOMING EVENTS

House of Delegates	<b>February 9-10</b>
OptoWest San Diego	<b>February 11</b>
CCOS CE Meeting	<b>February TBD</b>
OptoWest Santa Clara	<b>March 4</b>
OptoWest Sacramento	<b>April 16</b>
COA Legislative Day	<b>April 18</b>
Optometry's Meeting	<b>June 20-24</b>

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## Communications Message



On January 2, 2018, one of my patients came in with a metal foreign body and underlying rust ring. While I typically enjoy foreign body removals, those pesky rust rings can prove tedious to remove with a golf spud and Alger Brush. My OCD nature makes this a time-consuming process where I'm rarely completely satisfied with the amount of rust removed. However, armed with the knowledge of our recent bill passage and scope of practice expansion, I excitedly ran out for a 30-gauge needle. Amazingly enough, the rust ring popped off like a soda bottle cap with a precise movement of the wrist. A few remnants of rust were easily removed with a few scrapes of the needle. I was shocked and extremely satisfied with a job efficiently and well-done.

A few weeks ago, a colleague came to ask me if we are now allowed to prescribe Latisse. I grinned excitedly and said, "As of January 1st, yes!" I am so glad to hear that optometrists are embracing this scope of practice expansion. We are skilled and capable doctors — do not be afraid to practice to the best of your knowledge and abilities. And if you find improvements and success, share those successes with your colleagues. We will all benefit from this shared knowledge and so will our patients.

I look forward to hearing more stories throughout the rest of 2018. We are a forever growing profession. Legislative Day is April 18th this year in Sacramento. Please consider joining together with our colleagues to thank our legislators as well as further educate them about the good our profession does and can continue to do.

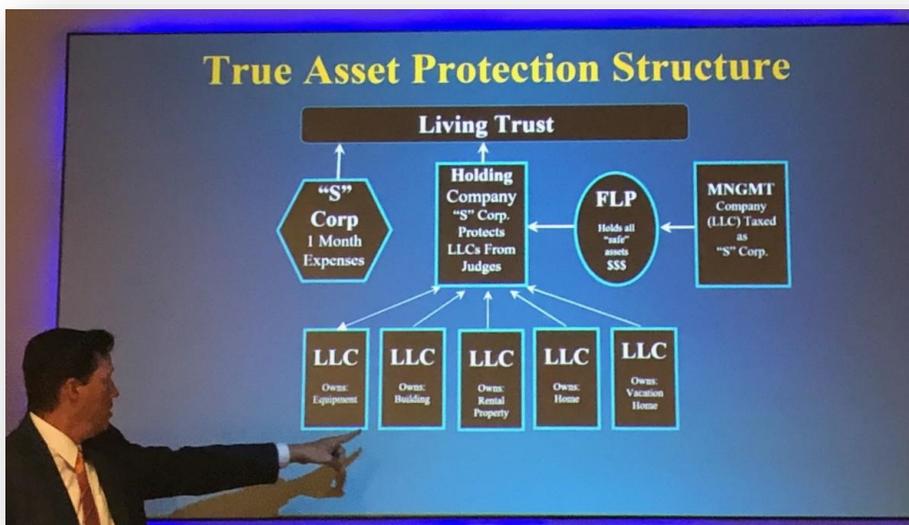
Your Friendly Neighborhood Communications Chair,

Kim Vuong



## Legally Mine CCOS CE Meeting The Patio Bar and Grill January 16, 2018

- Medical professionals are commonly targeted by lawsuits because there is an assumption of higher wealth and lower knowledge of the legal process
- It is important to consider individualized asset protection
- Legally Mine will create a Living Trust and complete Asset Protection



Thank you for coming out with your lovely spouses to learn about protecting your well-earned assets.

## President's Message Part 1

Margie Recalde, OD, FAAO

Happy New Year CCOS! AB 443 became effective as of January 1. This bill, authored by Assembly Member Rudy Salas (D-Bakersfield), represents five years of work to expand scope of practice for California ODs.

Just a reminder, AB 443 will allow us to do the following:

- Allows therapeutic pharmaceutical agent – certified (TPA) doctors of optometry to use all non-controlled substance medications, noninvasive medical devices and technology that are FDA indicated for a condition optometrists can treat. As new treatments are made available that are not FDA indicated for a condition optometrists can treat, the State Board of Optometry may authorize their use by optometrists via regulation.
- Clarifies optometrists may prescribe currently allowable drugs “off label.”
- Allows TPA optometrists to prescribe Tramadol for up to three days.
- Allows TPA optometrists to treat hypotrichosis (allowing optometrists to use Latisse).
- Clarifies TPA optometrists may treat blepharitis.
- Allows TPA optometrists to give intravenous injection for the purpose of performing ocular angiography under a supervision protocol.
- Allows TPA optometrists to collect blood by skin puncture for testing patients for diabetes.
- Allows TPA optometrists to use a skin test limited to the superficial layer of the skin to diagnose ocular allergies.
- Allows TPA optometrists to use a needle to remove foreign bodies.
- Allows glaucoma-certified optometrists to treat steroid-induced glaucoma.
- Eliminates many of the protocols in current law and consolidates the referral requirements.
- Allows TPA optometrists to administer flu, shingles and pneumonia vaccines after receiving training and certification.



On April 18, COA will hold the annual Legislative Day in Sacramento. I hope many of you can attend. This is a chance for us to personally thank our legislators for voting "AYE" on AB 443. We also need to push forward and educate lawmakers on the importance of eye exams for all children and discuss the negative impact of online refractions. Furthermore, we need to strongly represent our profession with numbers because the California Medical Association's Lobby Day is the same as COAs! Legislative Day is a powerful opportunity for us to make sure our voices are heard.

### **Event Details:**

**When: April 18, 2018**

Registration/

Continental Breakfast: 7:00 am - 8:00 am

\*Legislative Program: 8:00 am - 12:00 noon

Legislator visits: 1:00 pm - 3:00 pm

\*Reception: 3:30 pm - 7:00 pm

**Where: Cafeteria 15L**

1116 15th Street

Sacramento, CA 95814

**RSVP: Register** or contact Julie Andrade at [jandrade@coavision.org](mailto:jandrade@coavision.org) or 916-266-5031.

\*Program and reception will both be held at Cafeteria 15L.

More information is forthcoming

Again, in addition to contacting Julie Andrade, please let me know at [ccosociety@gmail.com](mailto:ccosociety@gmail.com) if you would like to attend this event so we can arrange transportation. It's an exciting day to network with ODs and students from all over the state and a perfect opportunity to meet your legislators.

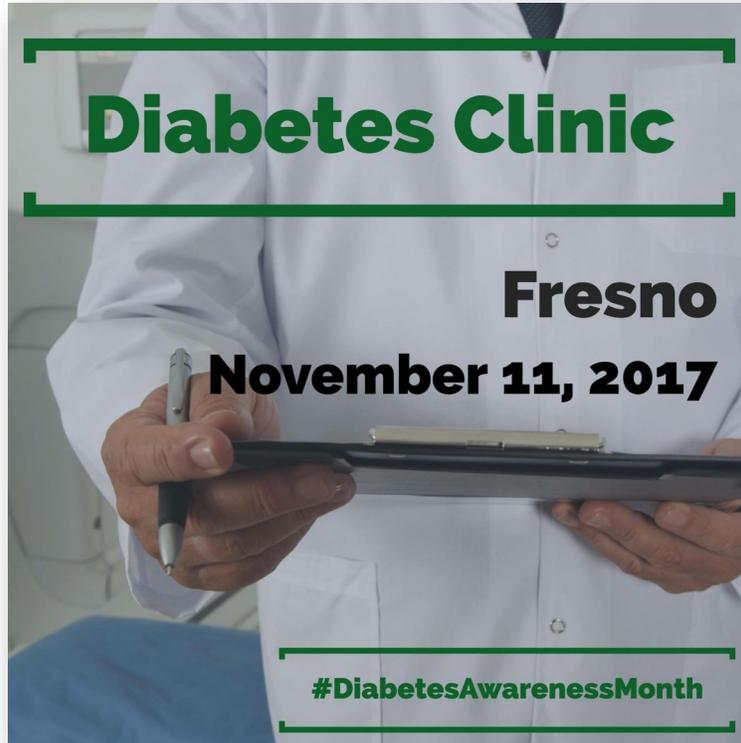
Here are pictures from Legislative Day 2016. Drs. John Barron, Jay Newsome, Michael Mendoza and Margie Recalde attended the event. We'd love to have more of you attend this April.





## President's Message Part 2

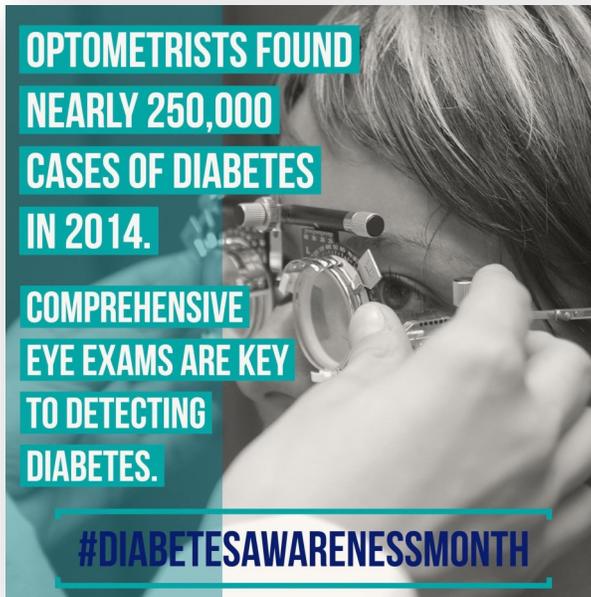
Margie Recalde, OD, FAAO



### Diabetes Day

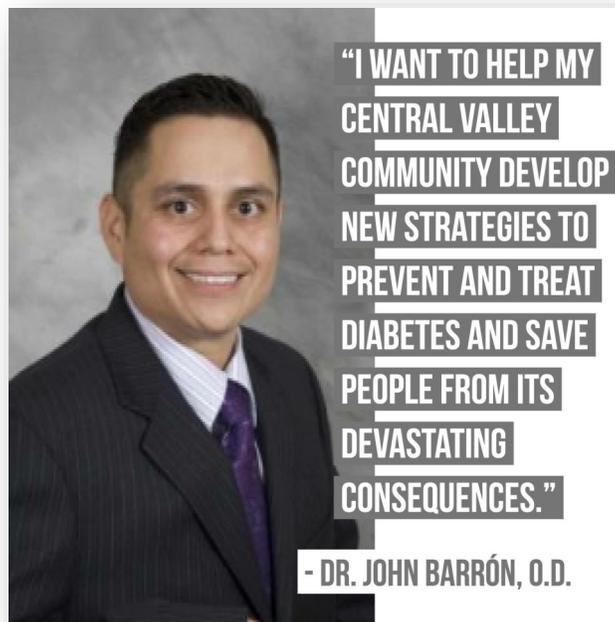
Did you know last November was Diabetes Month? The California Optometric Association asked CCOS and TKCOS to volunteer their time for the first Diabetes Day event in Fresno. On November 11, 2017, several ODs from CCOS and TKCOS participated in the event hosted by Clinica Sierra Vista. Drs. John Barron, Mark Sorsky, Margie Recalde, and Aakash Shah worked in shifts to provide comprehensive eye exams. In addition, Dr. Richard Hom drove from the Bay Area and volunteered to work all day for the special event.



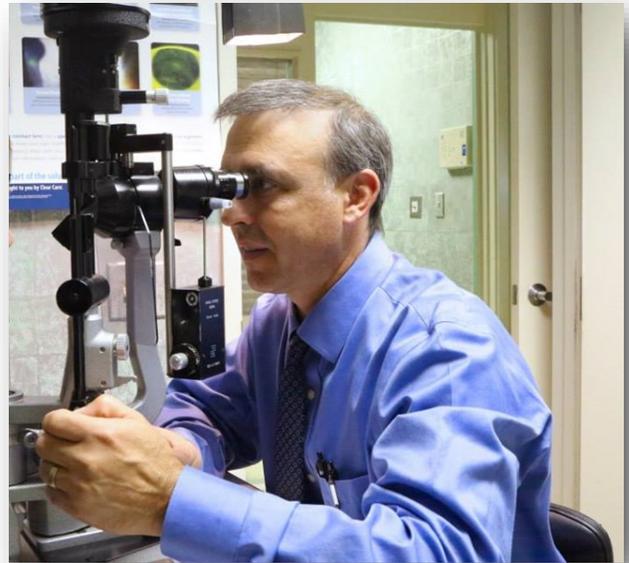


We all know the crucial role optometrists play in the early diagnosis of diabetes.

The Diabetes Day event represented a new effort with Anthem Blue Cross Medi-Cal Health Plan and the California Primary Care Association to focus on providing care to Medi-Cal beneficiaries with diabetes. The partnership with optometrists and community health clinics aims to have all diabetic patients seen by a health care provider and receive a needed eye exam at least once a year.



The Diabetes Day event allowed each patient to receive a gift certificate for free eyeglasses courtesy of VSP. There were 72 patients that were seen that day and several were in need of better diabetes management and eye care. National Diabetes Month is a reminder to all of us that optometrists play a vital role in not only saving eyes, but the overall health of our patients.





# COA Legislative Day 2018

## It's a Celebration!

**When: April 18, 2018**

**Program: 7:00 - 3:00 pm**

**Reception: 3:30 - 7:30 pm**

**Where: Cafeteria 15L**

**1116 15th Street**

**Sacramento, CA 95814**

**RSWP: Click here or contact Julie Andrade  
at [jandrade@coavision.org](mailto:jandrade@coavision.org) or 916-266-5031**

*Reception at Cafeteria 15L immediately following Legislator visits\**

### COA Legislative Day 2018

Come and celebrate the passage of AB 443 - landmark legislation that expands the optometric scope of practice.



### Join Your Colleagues

Meet with your legislators and then join them for a cocktail at COA's reception.



### Cafeteria 15L

A fresh venue to inspire and entertain you!



OPTOWEST.COM

THREE LOCATIONS

 **ptowest**

San Diego - Feb. 11  
Santa Clara - Mar. 4  
Sacramento - Apr. 15

**\$175 Members • \$250 Non-Members**

**6 hours CE + breakfast & lunch**

# Eye Chat

If you are interested in participating, please contact me at

[communications.ccos@gmail.com](mailto:communications.ccos@gmail.com).

## Vaccinations

Dennis Chinn, OD would like to know of any ODs or patient's children having any adverse effects from any vaccinations. Please send info to

[dennischinnod@gmail.com](mailto:dennischinnod@gmail.com) or call (559) 224-8302.



## Classifieds

### Optometrist Position available in Madera, CA (Posted January 2018)

Dr. Steve Howell is looking for an OD to work in his office in Madera one or two days a week on an ongoing basis. He can be contacted at

[559-908-7234](tel:559-908-7234) (cell) or [slhod3@gmail.com](mailto:slhod3@gmail.com)

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